

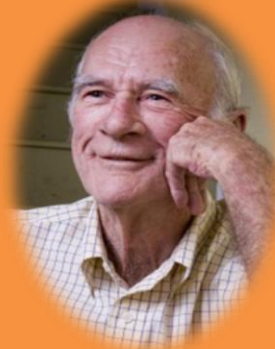


2013

Health Symposium

*Celebrating
Older American Month*

Savvy Seniors



Healthy Minds, Healthy Bodies

Friday, May 3, 2013

8:30am - 2:45pm

*Thornton Township Senior/Youth and Family Services
14323 Halsted St., Riverdale, IL*

Free Admittance

Limited Seating

Reserve your seat today

REGISTER by visiting the

Thornton Senior Center

or calling

(773) 768-7779 Ext 21

Health Workshops

better memory, sexual health,
stress, chronic disease

Giveaways

Lunch provided

Dress Comfortably

Sponsored by



UNIVERSITY OF ILLINOIS
EXTENSION
investing in your health



William Q. Davis
State Representative
30th District of Illinois



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